Hello from Activities! October 2026.

Spring has been a vibrant and engaging season at Cairnfield House, filled with music, culture, creativity, community connections and plenty of opportunities for our residents to participate and enjoy themselves.

We began the season by celebrating Father's Day with a nostalgic display of old tools used as table centrepieces, creating opportunities for residents to reminisce and share stories. Our Father's Day raffle added to the excitement, with Lesley, our manager, taking home the prize!

Music and cultural connections have been a wonderful part of our spring programme. We were pleased to welcome Simple Voices from SDA Whangārei, Senior Sounds Ukulele Group, and Ngātiwai Kaumātua Kapa Haka, who shared beautiful waiata and performances with our residents. As part of Te Wiki o Te Reo Māori, we also welcomed Ōtangarei Primary School Kapa Haka, whose performance brought a wonderful sense of community and intergenerational connection to the home.

Our Armchair Travels have taken us on journeys to Hawaii, Norway and Sweden, where residents explored the culture, traditions, landmarks and interesting stories of each destination. These experiences were complemented by cultural meals inspired by each country, giving everyone the opportunity to enjoy a taste of our travels. It has been a wonderful way to discover the world from the comfort of home!

Creativity has continued to flourish through our art sessions, which remain a favourite among our residents. These sessions provide opportunities for self-expression, relaxation and social connection, with many residents enjoying the chance to create something of their own.

Our much-loved Thursday Happy Hour continues to be a highlight of the week. Residents eagerly look forward to gathering for music, conversation, laughter and good company—a wonderful way to end the day on a cheerful note.

We also welcomed the Traditional Tale Troupe – NZ in early October for a wonderful celebration of Indian culture. Residents enjoyed an engaging morning of stories, singing, dancing and games, with many joining in and participating enthusiastically. The smiles, laughter and interaction made it a memorable cultural experience for everyone.

It has been a wonderful spring at Cairnfield House, with many opportunities for our residents to connect, participate, reminisce, learn and simply enjoy time together. We look forward to bringing even more meaningful experiences and joyful moments to the months ahead.

Kia mau, kia koa



Raewyn



Denize

Welcome to Spring

Our cherry trees are in full bloom, and the trees are looking amazing – the birds are really enjoying the flowers as well lots of wax-eyes, Tui feeding off them.

Our room conversions in front house are looking fantastic. Big thanks to Cubro installing overhead hoists, and education provided to staff. Cubro equipment services are a great support for Cairnfield House and helping us meet client needs.

To note the maintenance team have polished up the BBQ's and today we are having our first BBQ for the season, there have been many supervisors and opinions of the best way to cook a BBQ a sausage, and the onions.

We are all looking forward to warmer weather and getting outside more.



Belinda Haskell

Father's Day Lunch



Hawaii Cultural Meal



Message from our Facility Manager

Spring is here and Christmas Decorations will be going up in the house next month.

I am delighted to announce we had external auditors from BSI Group New Zealand Ltd in the house recently and we have been granted a 4-year accreditation. This can be found and read online at https://www.health.govt.nz/regulation-legislation/certification-of-health-care-services/certified-providers/rest-homes/cairnfield-house



Lesley Middleton

Changes & Improvements at Cairnfield House

- "We hold a 4-year Accreditation Audit".
- Overhead hoists installed in 10 rooms.
- Dual Purpose Rooms have been developed.
- Armchair Travel including a cultural meal from around the world once per month.

RECENT TESTIMONIAL

The family sincerely thank the caring staff of Cairnfield House for the kindness, compassion and support shown to mum during the last six months of her life.

The name Cairnfield House came from the ground it was built on, as "cairn" means a stony field in Scottish Gaelic. This elegant home was built in 1904 and apart from a new roof, the house is in its original state – even including some of the wallpaper.

facebook

Remember to like us on Facebook to see what we get up to!

https://www.facebook.com/Cairnfieldhouse/

Residents Clothing - Please ensure your family member/whanau/friend that is staying with us has their personal clothing items named – this way we can ensure residents receive the correct items back from our laundry.

CAIRNFIELD HOUSE REST HOME AND HOSPITAL

"WHARE OKIOKI ME TE HOHIPERA"



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