

Winter Update from Activities!

Winter Highlights at Cairnfield House:

The past few months have been filled with laughter, celebration, and wonderful moments shared together at Cairnfield House.



In April, we enjoyed an exciting Easter Raffle and came together to honour ANZAC Day with a special remembrance service. A heartfelt thank you to Frank and Sharon for joining us and helping make the occasion so meaningful.



May brought a lovely Mother's Day celebration, complete with a raffle and beautiful poems read by Lesley and Belinda, creating a warm and heartfelt atmosphere for everyone.

June was filled with cultural celebrations and hands-on activities. During Samoan Language Week, our residents learned some Samoan words and dance steps with Paul. We also celebrated Philippine Independence Day, where our Filipino staff kindly shared delicious traditional Filipino dishes for everyone to enjoy.

Our no-bake cooking sessions were another highlight, with residents enjoying the opportunity to make delicious Apricot Balls and Rice Bubble Marshmallow Slice, while sharing laughter, conversation, and homemade treats together.



As part of our Matariki celebrations, we created a Tree of Blessings, inviting residents, whānau and staff to write on a leaf something they were thankful or grateful for. It was a beautiful way to reflect on the blessings in our lives and share words of appreciation with one another. Residents also made colourful Matariki paper lanterns, helped prepare vegetables for a delicious traditional hāngī, and enjoyed an energetic and heartwarming Kapa Haka performance by students from Tikipunga High School.

A big thank you to our residents, families, volunteers, and staff who continue to make Cairnfield House such a vibrant and caring community. We look forward to creating many more special memories together in the months ahead.

Kia mau, kia koa



RAEWYN



Denize

Message from our Clinical Manager

Winter has set in and the chill has arrived. The new air conditioners and heat pumps in the wings are working well and keeping Cairnfield nice and warm. Our Matariki celebrations have started with a fabulous Kapa Haka from Tikipunga High School recently. The students were wonderful representatives for their school. Winter colds are affecting all, from residents to staff and visitors. It is a timely reminder for visitors with any cold/flu like symptoms to please refrain from visiting at this time, and especially if you have been exposed to someone you are close with who is sick. We have been doing a recycling programme this year where our gloves are recycled into building bricks, and in 7 months we have stopped nearly a tonne of gloves going into land fill, that is amazing! Our next focus will be paper towels for recycling; they too are made into cinder bricks for building.

Stay warm and stay safe, as wet socks are no fun



Belinda Haskell

Message from our Facility Manager

Kia Ora Kotou Katoa and welcome to all our new residents along with their Whanau.

Currently, there are several jobs that our maintenance crew have and will be doing which may call for areas to be temporarily blocked off. If you see signs directing you another way, please follow them.

We have also started a new project to make some of our larger Rest Home rooms into dual rooms which means they can be used for either Rest Home or Hospital Level of care. This makes sense as the Rest Home rooms are not as sort after as Hospital Level.

The builders are now on site and are doing a great job at keeping noise and demolition to a minimum. Health and Safety of the residents is always our number one priority.

On a lighter note, Belinda and I have had the pleasure of walking around the gardens and picking flowers for the reception sign in desk lately. There have been some amazing blooms this year.

Lastly, on a personal level, John and I had a lovely time across the ditch at the Gold Coast earlier this year visiting our son and his family. I miss them a lot now they are living there instead of down the road from us.



Lesley Middleton

Changes & Improvements at Cairnfield House

- New Air Conditioners
- Recycling our gloves which saves landfill

RECENT TESTIMONIAL



To all the staff at Cairnfield House. Thank you for all the loving care you gave our brother. We can't thank you enough. He felt safe, cared for, and loved. He appreciated everything and everyone who looked after him, even when he was having a grumpy day.

The name Cairnfield House came from the ground it was built on, as "cairn" means a stony field in Scottish Gaelic. This elegant home was built in 1904 and apart from a new roof, the house is in its original state – even including some of the wallpaper.



facebook

Remember to like us on Facebook to see what we get up to!

<https://www.facebook.com/Cairnfieldhouse/>

Residents Clothing - Please ensure your family member/whanau/friend that is staying with us has their personal clothing items named – this way we can ensure residents receive the correct items back from our laundry.

CAIRNFIELD HOUSE REST HOME AND HOSPITAL

"WHARE OKIOKI ME TE HOHIPERA"



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