## PHOTOS FROM SOME OF OUR ACTIVITIES





Valentines Day





Flower Arranging

Saint Patricks Day

Wine & Cheese Day





Art with Ann

Message from our Activities Coordinator

As we come to the beginning of May you can feel the weather changing.

Over the last four months we have been very lucky to have all our usual entertainers, and we are gaining some new ones. We have Tony another Thai Chi teacher and we have begun to enjoy regular visits from a lovely St Johns Therapy Dog called "Darcy".

Huge thanks to our regular volunteers who come to help and entertain each week. Through the volunteers we have had the game of 500 cards starting up again and we enjoy regular art sessions with Ann.

There have been many residents' birthdays over the last four months, and we have enjoyed celebrating with cake.

We celebrated St Patricks Day with everything green! and enjoyed great music from Monica and Val – The 'Moonshine Mamas' who are true Irish lassies.

The sad news to share in this newsletter is that Mandy and Anju have both left us, for different reasons, so big changes for our residents but things will be okay.

We are looking forward to winter activities along with Raewyn who was one of our caregivers. She has decided to change to an activity coordinator role, and we welcome her. We are currently advertising for a trained Diversional Therapist to work alongside Raewyn in continuing to execute a wonderful programme for our residents.

**Raewyn - Activities Coordinator** 

### Message from our Facility Manager

Greetings whanau, visitors, friends, staff, and residents.

Christmas and Easter have been and gone, and we are already welcoming in the 5<sup>th</sup> Month of 2025.

In January I had my knee operation so I can finally be seen walking around Cairnfield without my crutches. It feels fantastic!

While I was recovering, we had another small outbreak of covid in house, but thanks to our strict infection control measures and the professionalism of our staff we were able to keep the home running smoothly and the virus was controlled.

There have been a few staff changes with two valued HCA's retiring and both of our Diversional Therapists moving on to other endeavours. All valued staff members that will be missed.

We also have staff studying and doing well with their Careerforce Levels so that is something to celebrate. We encourage further education here at Cairnfield.

We have had very wet weather the last few weeks and it will soon be time to start our fires at home. Wrap up warm and if you feel unwell, please refrain from visiting us until you feel better.



Regards

The

Lesley Middleton.

Easter Projects

Our big news for this year so far. Cupid's Arrow struck at Cairnfield House, and we were blessed to celebrate a wedding on 7<sup>th</sup> April. The lovely bride was given away by her son which was very special and several whānau, in fact 5 generations were here to enjoy the bride and grooms' special day.







Mr & Mrs Dette



Remember to like us on Facebook to see what we get up to!

#### https://www.facebook.com/Cairnfieldhouse/

Residents Clothing - Please ensure as you change seasonal clothing for your loved one, that their personal clothing items are named. Fabric markers eventually wash of so we recommend getting proper named labels which you can order online through https://www.nameit.co.nz/

As always, we welcome your questions and/or your feedback which is highly valued by management. Please contact Belinda Haskell or Lesley Middleton with these.

Lastly, we remember our lovely residents who have passed and welcome new faces to our home.



Ice creams enjoyed at Onerahi at end of summer.

# CAIRNFIELD HOUSE REST HOME AND HOSPITAL



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# AUTUMN NEWSLETTER 2025